

**APW Junior Senior High School
January Lunch Menu**

*APW school district participates in the Community Eligibility Provision for the 2022-2023 school year. All enrolled students in our school district, regardless of income level, are eligible to receive a healthy school breakfast and school lunch at **no charge** each day.*

<p style="text-align: center;">2</p> <p>NEW YEAR'S DAY OBSERVED</p> <p>NO SCHOOL</p>	<p style="text-align: center;">3</p> <p>Tangerine Chicken over Rice Green Beans</p> <p><u>Weekly Special</u> Warm Pretzel w/Cheese Minestrone Soup Caesar Chicken Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p style="text-align: center;">4</p> <p>Homemade Pizza Cheese/ Buffalo Chicken Toss Garden Salad</p> <p><u>Weekly Special</u> Warm Pretzel w/Cheese Minestrone Soup Caesar Chicken Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p style="text-align: center;">5</p> <p>Taco Salad Bar Build your own Soft Taco, Nachos or Rice Bowl Taco Bake Casserole Turkey Taco Meat, Black Eyed Peas, Corn, Black Beans, Salsa</p> <p><u>Weekly Special</u> Warm Pretzel w/Cheese Minestrone Soup Caesar Chicken Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p style="text-align: center;">6</p> <p>Brunch for Lunch: French Toast Hash Browns Turkey Sausage Strawberry Cups</p> <p><u>Weekly Special</u> Warm Pretzel w/Cheese Minestrone Soup Caesar Chicken Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>
<p style="text-align: center;">9</p> <p>Pasta with Alfredo Sauce Chicken Smackers Steamed Broccoli</p> <p><u>Weekly Special</u> Chicken Poppers Chicken & Rice Soup</p>	<p style="text-align: center;">10</p> <p>Chicken Bowl: Mashed Potatoes & Gravy Poppers Corn</p> <p><u>Weekly Special</u> Chicken Poppers Chicken & Rice Soup</p>	<p style="text-align: center;">11</p> <p>Homemade Pizza Cheese/ Pepperoni Toss Garden Salad</p> <p><u>Weekly Special</u> Chicken Poppers Chicken & Rice Soup</p>	<p style="text-align: center;">12</p> <p>Taco Salad Bar Build your own Soft Taco, Nachos or Rice Bowl Taco Bake Casserole Turkey Taco Meat, Black Eyed Peas, Corn, Black Beans, Salsa</p>	<p style="text-align: center;">13</p> <p>Meatball Sub Marinara Sauce Shredded Mozzarella Cheese Wax Beans</p> <p><u>Weekly Special</u> Chicken Poppers Chicken & Rice Soup</p>

<p>Julienne Salad Turkey/Ham Subs Gluten Free rolls Yogurt Parfait GF Granola PB&J</p>	<p>Julienne Salad Turkey/Ham Subs Gluten Free rolls Yogurt Parfait GF Granola PB&J</p>	<p>Julienne Salad Turkey/Ham Subs Gluten Free rolls Yogurt Parfait GF Granola PB&J</p>	<p><u>Weekly Special</u> Chicken Poppers Chicken & Rice Soup Julienne Salad Turkey/Ham Subs Gluten Free rolls Yogurt Parfait GF Granola PB&J</p>	<p>Julienne Salad Turkey/Ham Subs Gluten Free rolls Yogurt Parfait GF Granola PB&J</p>
<p>16</p> <p>MARTIN LUTHER KING DAY</p> <p>NO SCHOOL</p>	<p>17</p> <p>Bacon Cheeseburger Onion Rings Pickles</p> <p><u>Weekly Special</u> Pizza Crunchers Cream of Broccoli Soup Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>18</p> <p>Homemade Pizza Cheese/Meat Lovers Toss Salad</p> <p><u>Weekly Special</u> Pizza Crunchers Cream of Broccoli Soup Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>19</p> <p>Taco Salad Bar Build your own Soft Taco, Nachos or Rice Bowl Taco Bake Casserole Turkey Taco Meat, Black Eyed Peas, Corn, Black Beans, Salsa</p> <p><u>Weekly Special</u> Pizza Crunchers Cream of Broccoli Soup Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>20</p> <p>Breakfast Pizza Cheese & Sausage Hash Brown Potatoes</p> <p><u>Weekly Special</u> Pizza Crunchers Cream of Broccoli Soup Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>
<p>23</p> <p>Baked Ziti Marinara Sauce Garlic Knot Steamed</p>	<p>24</p> <p>Hot Turkey Sandwich Waffle FF Celery Sticks</p>	<p>25</p> <p>Homemade Pizza Cheese/ Chicken Bacon Ranch Toss Garden</p>	<p>26</p> <p>Taco Salad Bar Build your own Soft Taco, Nachos or Rice Bowl Taco Bake</p>	<p>27</p> <p>Shepherd's Pie 4 bean salad Corn</p> <p><u>Weekly Special</u></p>

<p><u>Weekly Special</u> Cheesy Bread Sticks Chicken Tortilla Soup Cobb Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p><u>Weekly Special</u> Cheesy Bread Sticks Chicken Tortilla Soup Cobb Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>Salad <u>Weekly Special</u> Cheesy Bread Sticks Chicken Tortilla Soup Cobb Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>Casserole Turkey Taco Meat, Black Eyed Peas, Corn, Black Beans, Salsa <u>Weekly Special</u> Cheesy Bread Sticks Chicken Tortilla Soup Cobb Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>Cheesy Bread Sticks Chicken Tortilla Soup Cobb Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>
<p>30 Chicken Parmesan Garlic Stick Chilled Broccoli <u>Weekly Special</u> Pasta & Meatballs Chicken Noodle Soup Caesar Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>31 Hamburger or Hot dog Onion Rings Pickles <u>Weekly Special</u> Pasta & Meatballs Chicken Noodle Soup Caesar Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>			

Offered Daily; Variety of Fresh Fruit, Low Fat White and Chocolate Milk